



IRIS - À LA CARTE

WORKSHOPS FOR NEURODIVERGENT INDIVIDUALS

(autism, intellectual disability and/or language disorder)

The *Iris* project aims to empower neurodivergent youth aged 12 to 35 to develop intimate relationships that are equal, safe and consensual.

TARGET AUDIENCE

People aged 12 to 35 with autism and/or an intellectual disability and/or a language disorder

TOPICS COVERED

Intimate parts · Health & cleanliness ·
Masturbation · Pornographic content ·
Emotions · Cyberspace ·
Seduction · Safety

DURATION

60 to 90 min /
workshop

WORKSHOPS

Hygiene &
Masturbation

14+

Pornography

16+

Online Dating

DESCRIPTIONS

The goal of this workshop is to discuss best hygiene practices for the genital area as well as safe masturbation. It aims to normalize the body's natural reactions and offer practical solutions to various hygiene- or health-related concerns or questions.

This workshop aims to reduce the risks associated with the intentional or accidental consumption of sexual content on the Internet. It addresses legal and illegal content, the emotions that may arise while viewing such material, and the distinction between fiction and reality.

This workshop covers safe use of online dating apps, communication via text messages, and managing the emotions that can arise from online dating.

TO RESERVE



education@anonyme.ca



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* IRIS à la carte workshops are subject to a **fee** ;
please contact us for pricing *